NURS 235
Alpha Number

Course Description
Focus on family centered care of the pregnant woman from conception to delivery and the care of the child from neonate to adolescent. Includes the care of the high-risk mothers, infants and children with emphasis on the Micronesian culture. Reviews growth and developmental theories as a basis for care during health and illness.

Course prepared by: Nursing Department

<table>
<thead>
<tr>
<th></th>
<th>Hours per Week</th>
<th>Number of Weeks</th>
<th>Total Hours</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lecture</td>
<td>3</td>
<td>16</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>Laboratory</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical Seminar</td>
<td>10</td>
<td>16</td>
<td>160</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Credit Hours</td>
<td></td>
<td></td>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>

Purpose of Course: Degree Requirement X
- Degree Elective
- Certification
- Developmental
- Other

Prerequisite(s) NURS 110

Signature, Curriculum & Assessment Committee Chairperson

Signature, Dean of Academic Affairs

Signature, Vice President for Academic and Student Affairs

Last date reviewed or revised: April 1, 2010
I. Course Objectives

A. General Outcomes

Students who complete this course will:
1. Explain the basic principles and concepts of nursing care of pregnant women, including high risk pregnancies, and infants and children from neonate to adolescent (NURS 1, 2, 3, 4, 5)
2. Use the nursing process to meet clients' health needs (NURS 2, 3, 4, 5)
3. Describe different health disorders and diseases and complications of pregnancy, infancy, and childhood (NURS 2, 3)
4. Use growth and developmental theories in the care of mothers and children (NURS 2, 3, 5)
5. Apply critical thinking process based on evidenced based practices to provide health promotion and prevention interventions (NURS 2, 3, 5)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to:
1. Demonstrate understanding of basic principles and concepts of nursing care of family in the childbearing years, high risk pregnancies and infants, and childcare from neonate to adolescent
   a. Explore different family structures
   b. Perform quality and comprehensive nursing care for women of childbearing years as well as high-risk pregnancies and infants and childcare from neonatal to adolescence
   c. Identify nursing interventions for different complications in high risk mothers and infants
   d. Discuss the reproductive cycle and the physiological changes during pregnancy and issues that impact their health
   e. Discuss in general and in Micronesia the nursing roles toward pregnant women
2. Develop effective nursing interventions to meet client/patient health needs (careplan)
3. Use the Nursing Assessment Form to develop a written case study
4. Perform assessment of children to understand normal growth and development
5. Use of concept mapping and basic research to update nursing skills for health promotion and prevention

III. Course Content

Provides students with basic knowledge and concepts of nursing care for families in the childbearing years including high risk pregnancies, infants and children.

1. Women's health
2. Growth and development
3. Common health disorders and diseases
4. Nursing roles
5. Current issues in maternity and pediatrics

IV. Methods of Instruction

1. Lecture
2. Group activities
3. Presentations
4. Case studies
5. Simulated scenarios
6. Clinic practice
V. Equipment and Materials

1. Lectern Unit System
2. Dubowitz tool
3. Weight scale and measurement
4. Mannequin
5. Vital Signs Equipment
6. Giugometer

VI. Suggested Methods of Evaluation

1. Tests
2. CIQ- Critical Incident Questionnaire
3. care plans
4. journal articles
5. oral presentation
6. clinic performance
7. case study

Letter grades will be assigned per CMI Grading System.