NURS 122 Nursing of Adults I

Course Description
Focuses on illness in young and middle-aged adults. Includes normal and pathological functions of all body systems and structures, focusing on the acute, non-critical condition. Includes classroom instruction and clinical practicum.

Course prepared by:
Nursing and Allied Health
Sept. /2008

Nursing Department

Hours per Week  Number of Weeks  Total Hours  Credits
Lecture 3 16 48 3
Laboratory
Clinical 10 16 160 2
Seminar

Total Credit Hours 5

Purpose of Course: Degree Requirement X
Degree Elective
Certification
Developmental
Other

Prerequisite(s) NURS110 or department approval

Signature, Curriculum & Assessment Committee Chairperson

Signature, Dean of Academic Affairs

Signature, Vice President for Academic and Student Affairs

Last date reviewed or revised: November 2012
I. Nursing of Adults I  
Course Title

II. Course Objectives
A. General Outcomes

Students who complete this course will:
1. Determine stressors affecting health status of individuals (NURS 1, 3)
2. Identify the normal and altered structures and functions of the body systems (NURS 1, 3)
3. Use the nursing process in the holistic care of the young and middle-aged adult patient (NU 1, 2, 3)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to
1. Identify and assist patients to cope with stressors that affect their health
2. Describe normal and altered structures and functions of body systems
3. Perform holistic nursing care to individuals in a health care setting
   a. Plan, implement, and evaluate nursing interventions for the young and middle-aged hospitalized patient
   b. Communicate effectively with patients and members of the health care team orally and in writing

III. Course Content

Identify stressors and alterations in body structures that impact health status of individuals.

1. Stress, stressors, and coping mechanisms
2. Perioperative nursing
3. Normal and alterations in body structures and functions
4. Holistic nursing care

IV. Methods of Instruction

1. Lecture
2. Class discussion
3. Case studies
4. Pre and post clinic conferences

V. Equipment and Materials

1. Audio Visual Media
2. Library and online journals
3. Mannequin
4. Clinic transportation
VI. Suggested Methods of Evaluation

1. Tests
2. Oral and written assignments
3. Individual and group projects
4. Clinic performance

Letter grades will be assigned per CMI grading system.