COLLEGE OF THE MARSHALL ISLANDS

COURSE OUTLINE

CIP No. 51.0904

AH 105
Alpha Number

Course Title
First Aid

Course Description
Prepares students to give first aid, including CPR, at the site of injury or sudden illness. Emphasis will be placed on safety measures to prevent injury as well as to prevent complications for the injured person.

Course prepared by:
Nursing and Allied Health Department
March 2010

<table>
<thead>
<tr>
<th>Hours per Week</th>
<th>Number of Weeks</th>
<th>Total Hours</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Lecture</td>
<td>3</td>
<td>16</td>
<td>48</td>
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<tr>
<td>Laboratory</td>
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<td>Clinical</td>
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<td>Seminar</td>
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Total Credit Hours 3

Purpose of Course: Degree Requirement
Degree Elective X
Certification
Developmental
Other

Prerequisite(s)

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<tr>
<th>Signature, Curriculum &amp; Assessment Committee Chairperson</th>
<th>2/14/2013</th>
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<tr>
<td>Signature, Dean of Academic Affairs</td>
<td>2/15/2013</td>
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<tr>
<td>Signature, Vice President for Academic and Student Affairs</td>
<td>2/15/13</td>
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Last date reviewed or revised: November 2012
II. Course Outcomes

A. General Learning Outcomes

Students who complete this course will:
1. Initiate life-saving interventions at the time of an injury or sudden illness (NURS 1, 3, 4)
2. Minimize further injury and complications to victims of accidents or sudden illness (NURS 1, 3, 4)
3. Gather appropriate information in case of accident or sudden illness and report to (other) health care workers (NURS 1, 3, 4)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to:
1. Initiate appropriate actions for control of bleeding, poisoning, heat stroke, injury from fire of different causes, and other injuries
2. Apply safety measures and precautions when providing care or assisting victims of accidents and sudden illness
3. Interview patient, family members, or individuals at the scene of accident to determine cause of injury and report to health care team

III. Course Content

Prepares students to give first aid, including CPR, at the site of injury or sudden illness.

1. Overview of human body structures
2. Resuscitation
3. Bleeding/hemorrhage
4. Wounds, fractures, and dislocations
5. Burns and ill effects of heat and cold
6. Diabetic emergencies
7. Poisoning
8. Other injuries

IV. Methods of Instruction

1. Lecture and discussion
2. Demonstration and return demonstration
3. Simulation scenarios
4. Group & individual written and oral presentations
V. Equipment and Materials

1. AV Media
2. Manikins for CPR
3. First Aid and CPR Supplies

VI. Suggested Methods of Evaluation

1. Tests
2. Quizzes
4. Demonstration
5. Oral presentations

Letter grades will be assigned per CMI Grading System.