COLLEGE OF THE MARSHALL ISLANDS

COURSE OUTLINE

CIP No. 51.0899

AH 104 Health Promotion & Disease Prevention

Course Number

Course Title

Course Description
Introduction to health promotion and disease prevention practices. Discusses cultural, social, environmental, and economic issues and influences in disease process and prevention. Explores theories and best practices in health promotion and disease prevention.

Course prepared by:
Nursing and Allied Health Department
March 2010

<table>
<thead>
<tr>
<th>Hours per Week</th>
<th>Number of Weeks</th>
<th>Total Hours</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Lecture</td>
<td>3</td>
<td>16</td>
<td>48</td>
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<tr>
<td>Laboratory</td>
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<td>Clinical</td>
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<td>Seminar</td>
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Total Credit Hours 3

Purpose of Course:
Degree Requirement
Degree Elective X
Certification
Developmental
Other

Prerequisite(s)
ENG 80s or higher English placement

Signature, Curriculum & Assessment Committee Chairperson
2/14/2013

Signature, Dean of Academic Affairs
2/15/2013

Signature, Vice President of Academic and Student Affairs
2/15/13

Last date reviewed or revised: November 2012
Health Promotion & Disease Prevention
Course Title

II. Course Outcomes

A. General Learning Outcomes

Students who complete this course will:

1. Discuss the impact and threats of communicable and non-communicable diseases in the local, regional, and global community (NURS 1, 3, 4)
2. Explain the disease process and prevention measures in each disease stage (NURS 3)
3. Describe health promotion and disease prevention theories and best practices (NURS 3)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to:

1. Give examples of the impact and threats of communicable and non-communicable diseases in the local, regional, and global community
2. Explain the disease process and prevention in all disease stages
   a. Analyze behaviors that place people at risk of contracting certain communicable and non-communicable diseases and disorders
   b. Provide examples of personal and community interventions at the three levels of disease prevention
3. Develop personal health promotion and disease prevention practices and strategies

III. Course Content

This course introduces students to communicable and non-communicable disease processes, prevention, and treatments modalities.

1. Disease process and stages of disease prevention
2. Communicable and non-communicable disease detection, treatment, and prevention
3. Perspectives and Influences of the health care delivery
4. Local, regional, and global issues and approaches to disease prevention

IV. Methods of Instruction

1. Discussion
2. Guest speakers
3. Case studies
4. Student presentations
V. **Equipment and Materials**

1. AV Media
2. Posters
3. Online and/or library journals and articles

VI. **Suggested Methods of Evaluation**

1. Tests
3. Written assignments
4. Oral presentations
5. Case studies

Letter grades will be assigned per CMI Grading System.