Course Outline

CIP No. 51.1611

NURS 256 Community and Mental Health Nursing

Course Description
Examines nursing care directed toward clients of all ages in a wide variety of settings. Includes health education, maintenance, restoration, coordination, management, and evaluation of care of individuals, families, and aggregates, including communities. Explores the theories of personality, human interaction and communication, normal and abnormal psychosocial adaptation, and the care and treatment of persons with maladaptive psychosocial behavior.

Course prepared by: Nursing and Allied Health Department Sept./2008

<table>
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<tr>
<th>Hours per Week</th>
<th>Number of Weeks</th>
<th>Total Hours</th>
<th>Credits</th>
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<tr>
<td>Lecture</td>
<td>3</td>
<td>16</td>
<td>48</td>
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<td>Laboratory</td>
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<tr>
<td>Clinical</td>
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<td>Seminar</td>
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Total Credit Hours: 5

Purpose of Course: Degree Requirement X
Degree Elective
Certification
Developmental
Other

Prerequisite(s): NURS 122

Signature, Curriculum & Assessment Committee Chairperson

Signature, Dean of Academic Affairs

Signature, Vice President for Academic and Student Affairs

Last date reviewed or revised: April 1, 2010
I. Community and Mental Health Nursing

II. Course Objectives

A. General Outcomes

Students who complete this course will:
1. Understand the history, principles, and concepts of psychiatric and "primary health care" as defined by the World Health Organization (NU 1, 3)
2. Describe and provide care in the three levels or continuum of psychiatric nursing care
3. Explain community health nursing and community-based nursing (NU 1, 3)
4. Recognize the importance of disease process and prevention and the use of the nursing process in all stages of prevention (NU 1, 2, 3)
5. Apply therapeutic communication techniques in psychiatric and community nursing care (NU 1, 3)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to:
1. Describe the history, principles, and concept of psychiatric and community nursing care
2. Use the nursing process in developing and implementing appropriate nursing interventions in all three continuum of psychiatric nursing care
3. Compare and contrast community health nursing and community-based nursing
4. Explain the types of immunity and ways of attaining immunity
5. Communicate therapeutically with patients, family members, friends, members of the health care team, and others in the community

III. Course Content

Introduction to community and psychiatric nursing, conceptual framework, perspectives, Issues, and influences.

1. Perspectives in health care delivery and community health nursing
2. Influences on health care delivery and community-oriented nursing
3. Conceptual Frameworks in community and mental health nursing
4. Issues and approaches in individual, family, community, and psychiatric health nursing

IV. Methods of Instruction

1. Lecture
2. Discussion
3. Presentations
4. Case study
5. Small group
6. Clinic practice
V. Equipment and Materials

1. TV, VCR, DVD
2. Over head projector
3. Laptop and LCD projector
4. Growth chart
5. Pediatric scale
6. Snellen chart

VI. Suggested Methods of Evaluation

1. Tests
2. Quizzes
3. Care plans
4. Journal articles
5. Oral presentation
6. Clinic performance
7. Pre and post clinic conferences
8. Case study

Letter grades will be assigned per CMI Grading System.
Course History Summary

Course Number: NURS 256  Community and Mental Health Nursing (5)

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<td>4.1.10</td>
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