COLLEGE OF THE MARSHALL ISLANDS  
COURSE OUTLINE COVER SHEET

CIP No. 51.1611

NURS 122 Nursing of Adults I
Alpha Number

Course Description
Focuses on illness in young and middle-aged adults. Includes normal and pathological functions of all body systems and structures, focusing on the acute, non-critical condition. Includes classroom instruction and clinical practicum.

Course prepared by: Nursing and Allied Health  
Sept. 2008

Nursing Department

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<th>Hours per Week</th>
<th>Number of Weeks</th>
<th>Total Hours</th>
<th>Credits</th>
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<td>Laboratory</td>
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<td>Seminar</td>
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Total Credit Hours 5

Purpose of Course: Degree Requirement X
Degree Elective
Certification
Developmental
Other

Prerequisite(s) NU110 or concurrent with department Approval

Signature, Curriculum & Assessment Committee Chairperson

Signature, Dean of Academic Affairs

Signature, Vice President for Academic and Student Affairs

Last date reviewed or revised: April 1, 2010
I. Nursing of Adults I

Course Title

II. Course Objectives

A. General Outcomes

Students who complete this course will:
1. Determine stressors affecting health status of individuals (NURS 1, 3)
2. Identify the normal and altered structures and functions of the body systems (NURS 1, 3)
3. Use the nursing process in the holistic care of the young and middle-aged adult patient (NU 1, 2, 3)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to:
1. Identify and assist patients to cope with stressors that affect their health
2. Describe the normal and altered structures and functions of the body systems
   a. Identify normal body structures and functions of various body systems
   b. Recognize signs and symptoms of alterations in any body system
   c. Describe pathophysiology and treatment of common diseases
3. Perform holistic nursing care to individuals in a health care setting
   a. Use SIM MAN to identify effective and ineffective functioning of the biological, psychological, sociocultural, and spiritual functioning of the individual
   b. Plan, implement, and evaluate nursing interventions for the hospitalized young and middle-aged adult patient
   c. Communicate effectively with patients and members of the health care team orally and in writing

III. Course Content

Identify stressors and alterations in body structures that impact health status of individuals
1. Stress, stressors, and coping mechanisms
2. Perioperative nursing
3. Normal and alterations in body structures and functions
4. Holistic Nursing care

IV. Methods of Instruction

1. Lecture and class discussion
2. Small group work and projects
3. Individual and group work presentations (case studies)
4. Literature review
5. Audio-visual aids
6. Simulation scenarios
7. Pre and post clinic conferences
V. Equipment and Materials

1. Medical Dictionary, Drug book
2. TV with VCR and DVD
3. Current nursing or medical journals
4. Access to internet
5. Clinic transportation
6. SIM MAN

VI. Suggested Methods of Evaluation

1. Tests
2. Individual and group presentations
3. Written reports
4. Nursing care plans
5. Case studies
6. Nursing skills checklist

Letter grades will be assigned per CMI Grading System.
## Course History Summary

**Course Number:** NURS 122  *Nursing of Adults I (5)*

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