COLLEGE OF THE MARSHALL ISLANDS
COURSE OUTLINE

CIP No. 24.0102

CMI 101 First Year Seminar
Alpha Number Course Title

Course Description
Introduces students to higher education and first year college experiences to better prepare students to be successful in their college careers. Emphasis is placed on acquiring skills for college work. Students also are introduced to college resources to learn how to effectively take advantage of those resources.

Course prepared by: Developmental Education department

March/2008

Lecture Hours per Week Number of Weeks Total Hours Credits
Laboratory 3 16
Clinical
Seminar

Total Credit Hours 3

Purpose of Course: Degree Requirement x
Degree Elective
General Education x
Certification
Developmental
Other

Prerequisite(s) Co-requisite with ENG 80's or higher

Signature, Curriculum and Assessment Committee Chairperson 10/01/2012

Signature, Dean of Academic Affairs

Signature, Vice President of Academic and Student Affairs

Last Date reviewed or revised: October 2010
I. First Year Seminar

Course Title

II. Course Objectives

A. General Outcomes

Students who complete this course will:
1. Use the human and technological resources provided on the CMI college campus (DEV 10, GE 3)
2. Use strategies for developing a college and career plan (DEV 2, 3, GE 3)
3. Practice oral and written forms of communication (DEV 1, 2, 3, 4, GE 1)
4. Use effective study habits (DEV 9, GE 1)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to:
1. Obtain support at CMI
   a. Access learning materials in the library through the library’s collection and online databases
   b. Contact their faculty advisor for guidance and help via office visits and email
   c. Use the study center for academic support services
   d. Use the student health services and Student Services to answer student-generated questions
   e. Participate in at least one club or intramural activity during the semester
2. Create a complete educational plan for graduation from CMI that leads to a career or transfer to a four-year institute using information gathered from counselors, reference sources, 2 + 2 club, and the internet.
3. Communicate ideas, experiences, and analysis via oral presentations, written assignments and journals.
4. Employ good study habits
   a. Analyze and apply information from a personal learning style survey
   b. Create time management strategies
      i. Use a calendar to map out long-range classroom projects and activities
      ii. Create To-Do lists with prioritization
      iii. Follow a daily schedule that includes both class time, study time, and personal time
   c. Choose and create an environment that fosters concentration
   d. Effectively take notes:
      i. Record accurate and adequate lecture notes
      ii. Record important information from book readings
      iii. Use signal words to record notes
   e. Use effective preparation and test-taking strategies for objective and essay tests
      i. Review and summarize lecture and book notes for tests
      ii. Use the PRWR (preview-read-write-recite) or SQ4R (survey-question-read-record-recite-reflect) study method
      iii. Accurately read graphs and tables
III. Course Content
Students will learn strategies for success in the college classroom and in the broader college community.

1. College Life
   a. College resources tour
   b. College survival skills
   c. Personal values and personality profile
   d. Personal goal setting and action plans

2. Study Skills
   a. Time management
   b. PRWR or SQ4R note taking/review method
   c. Test taking skills
   d. Academic goal setting and action plans

IV. Methods of Instruction
1. Lectures
2. Group work
3. In-class reading and writing activities
4. Discussions
5. Peer response
6. Field trips to campus resources.
7. Seminar activities (speakers, films, field trips, etc.)

V. Equipment and Materials
1. Computers, projectors, screen
2. Textbook and themed reading materials

VI. Suggested Methods of Evaluation
1. Homework
2. Quizzes, exams
3. Writing assignments: in-class writing, journal responses, essays
4. Reading responses
5. Oral presentations

Letter grades will be assigned per CMI Grading System.
# Course History Summary

**Course Number:** CM 101  *First Year Seminar (3)*

<table>
<thead>
<tr>
<th>Date from Minutes</th>
<th>Action</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-28-08</td>
<td>Approved</td>
<td>2-18-09</td>
</tr>
<tr>
<td>9-11-10</td>
<td>Approved</td>
<td>1-4-12</td>
</tr>
<tr>
<td>10-14-12</td>
<td>Increased Pre-Regis</td>
<td>10-1-12</td>
</tr>
</tbody>
</table>