COLLEGE OF THE MARSHALL ISLANDS

COURSE OUTLINE

CIP No. 51.0899

AH 104

Alpha Number

Course Description

Health Promotion & Disease Prevention

Course Title

Introduction to health promotion and disease prevention practices. Discusses cultural, social, environmental, and economic issues and influences in disease process and prevention. Explores theories and best practices in health promotion and disease prevention.

Course prepared by: Nursing and Allied Health Department November 2011

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<th>Hours per Week</th>
<th>Number of Weeks</th>
<th>Total Hours</th>
<th>Credits</th>
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<td>Lecture</td>
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Total Credit Hours 3

Purpose of Course: Degree Requirement

Degree Elective X

Certification

Developmental

Other

Prerequisite(s) ENG 086 and ENG 088

Signature, Curriculum & Assessment Committee Chairperson

Signature, Dean of Academic Affairs

Signature, Vice President of Academic Affairs

Last date reviewed or revised: October 24, 2011
II. Course Objectives

A. General Outcomes

Students who complete this course will:
1. Discuss the impact and threats of communicable and non-communicable diseases in the local, regional, and global community (NURS 1, 3, 4)
2. Explain the disease process and prevention measures in each disease stage (NURS 3)
3. Describe health promotion and disease prevention theories and best practices (NURS 3)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to:
1. Give examples of the impact and threats of communicable and non-communicable diseases in the local, regional, and global community
2. Explain the disease process and prevention in all disease stages
   a. Illustrate the epidemiological triangle and how it relates to infectious or communicable diseases
   b. Analyze behaviors that place people at risk of contracting certain communicable and non-communicable diseases and disorders
   c. Provide examples of personal and community interventions at the three levels of disease prevention
3. Develop personal health promotion and disease prevention practices and become a role model to others

III. Course Content

This course introduces students to communicable and non-communicable disease processes, prevention, and treatments modalities.

1. Disease process and stages of disease prevention
2. Communicable and non-communicable disease detection, treatment, and prevention
3. Perspectives and Influences of the health care delivery
4. Local, regional, and global Issues and approaches to disease prevention

IV. Methods of Instruction

1. Discussion
2. Guest speakers
3. Case studies
4. Student presentations

V. Equipment and Materials

1. Projection systems
2. Posters
3. Online and/or library journals and articles
VI. Suggested Methods of Evaluation

1. Tests
2. Class discussion
3. Written assignments
4. Oral presentations
5. Case study

Letter grades will be assigned per CMI Grading System.
Course History Summary

Course Number: AH104  Health Promotion and Disease Prevention (3)

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